



WEEKLY MONEY RESET

Workbook

15-MINUTE ROUTINE

FOR FINANCIAL CLARITY & PEACE OF MIND



DESIGNED FOR
BUSY ADULTS



TRACK YOUR SPENDING
Stay on top of
your money



SET YOUR FOCUS
Small steps lead
to big progress



CELEBRATE WINS
Build habits &
boost confidence



BUILD A BETTER YOU
Create the financial
life you deserve

www.lifestylehubtoday.com

Welcome

Use this workbook weekly to stay consistent and reduce financial stress.

1. Review • 2. Plan • 3. Focus • 4. Win

Weekly Dashboard

Week of:

Starting Balance:

Ending Balance:

Weekly Focus:

Weekly Plan

Bills Due

Planned Spending

Savings Goal

Notes

Focus & Wins

Weekly Focus:

Small Wins:

Lessons Learned:

Habit Tracker

Habit	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Check balance							
Track spending							
No impulse buys							
Save money							

Weekly Reflection

What worked well?

Where can I improve?

Next week goal: